



Help2Grieve

What is Help2Grieve?

Help2Grieve will provide services for children and young people on the Isle of Wight to enable them to cope with bereavement and to raise awareness and understanding within the wider community of the impact of loss on young lives.

Why is Help2Grieve Important?

Currently there is no bereavement service on the Isle of Wight that specifically addresses the needs of children, and no bereavement support at all for under 5s. Our service will be available to all aged 0 - 18 who have been affected by a death.

Taking a long term view, if children experience unresolved or complicated grief it can directly lead to poor outcomes later in life. Three independent studies have concluded that 90% of young offenders have unresolved grief as a driver behind their offending behaviour.

Bereavement Support

We will offer a range of services including;

- information
- support and training to all stakeholders
- 1:1 support for children
- professional bereavement counsellors
- group work
- events such as memorial days

There is significant evidence that good quality and early intervention improves childrens' ability to go through a healthy grieving process and resume their lives.

How can you help?

There is currently no statutory funding available for a service such as this and in order for Help2Grieve to become established it needs to be embedded in the community. We desperately need funds to kick start and sustain the service. You can help in any of the following ways:

- Raising awareness among your friends and family
- Organising fundraising events
- Donating a one-off or regular gift

For further information or to offer your support, please contact emma.corina@ymca-fg.org This service will benefit all families on the Isle of Wight who are affected by grief and it will always rely on support from the community. If you can assist us in any way, please, please contact us today.